What is an MBTI?

MBTI, or the Myers-Briggs Type Indicator, is a personality test created by Isabel Myers and her mother Katherine Briggs. According to Psychology Today, the test is "loosely based on a personality typology created by psychoanalyst Carl Jung". By the end of the test, you will receive four letters placing you in one of the 16 personality types that every individual is said to be a part of. The test will identify and provide a synopsis of your strengths, weaknesses, and preferences based on your results.

Discussed and voted on by fans of Virginia Woolf's *The Waves* on the <u>Personality Data Base</u>, the six main characters are given the following MBTI's shown on the left.

How do your results compare to the characters? Are you an individualistic personality or one that relies more on community?

Individualistic Personality Types According to <u>Typology</u> <u>Central</u>:

| INTJ | INTP | INFP |
|------|------|------|
| ISTP | ENFP | ENTP |